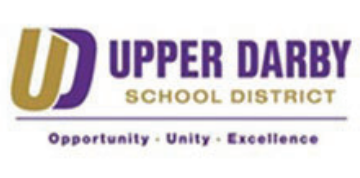


LUNCHPAD



September 2026

Free Middle School Lunch Menu

Assorted Fruit, Choice of 1% milk, nonfat chocolate milk
All Fruit Sorbet served on Menu Days with a star
Menu Items In Green are Halal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Muffin, String Cheese, & Yogurt Pack Early Dismissal	1 Build your own Pizza Bagel Early Dismissal	2 Pretzel, String Cheese, & Yogurt Pack Early Dismissal	3 Muffin, String Cheese, & Yogurt Pack Early Dismissal	4 
7 	8 Beef Walking Taco Salad: Chef Salad w/ turkey & egg w/ Cheez-its Halal: Hot Dog Pizza: Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	9 Turkey Melt On a Pretzel Roll Salad: Chicken Tender Snack Wrap Halal: Chicken Sandwich Pizza: Cheese Hot veg: Roasted Acorn Squash Side Salad: Lettuce mix w/ Cucumbers and bell peppers	10 Halal: Hot Dog Salad: Veggie Nugget Salad Pizza: Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	11 Popcorn Chicken Salad: Veggie Nugget Wrap with Power Slaw Halal: Cheeseburger Pizza: Cheese Hot veg: Fries Side Salad: Lettuce mix w/ Carrots & Tomato
14 Cajun Spiced Chicken Drumstick Salad: Buffalo Chicken Salad Wrap Halal: Chicken Nuggets w/ cheez-its Pizza: Cheese Hot veg: Corn Side Salad: Lettuce w/ cucumbers and carrots	15 Beef Taco Salad: Chef Salad w/ turkey & egg w/ Cheez-its Halal: Hot Dog Pizza: Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	16 Turkey Barbacoa Mac & Cheese Salad: Chicken Tender Snack Wrap Halal: Chicken Sandwich Pizza: Cheese Hot veg: Roasted Acorn Squash Side Salad: Lettuce mix w/ Cucumbers and bell peppers	17 Halal: Hot Dog Salad: Veggie Nugget Salad Pizza: Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	18 Pepperoni Pizza Salad: Veggie Nugget Wrap with Power Slaw Halal: Cheeseburger Pizza: Cheese Hot veg: Fries Side Salad: Lettuce mix w/ Carrots & Tomato
21 Pancakes w. Turkey Sausage Salad: Buffalo Chicken Salad Wrap Halal: Chicken Nuggets w/ cheez-its Pizza: Cheese Hot veg: Corn Side Salad: Lettuce w/ cucumbers and carrots	22 LTO: Pesto Chicken Flatbread Salad: Chef Salad w/ turkey & egg w/ Cheez-its Halal: Hot Dog Pizza: Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	23 Dumplings w. Fried Rice Salad: Chicken Tender Snack Wrap Halal: Chicken Sandwich Pizza: Cheese Hot veg: Roasted Acorn Squash Side Salad: Lettuce mix w/ Cucumbers and bell peppers	24 Halal: Chicken Sandwich Salad: Veggie Nugget Salad Pizza: Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	25 Buffalo Chicken Mac & Cheese Salad: Veggie Nugget Wrap with Power Slaw Halal: Cheeseburger Pizza: Cheese Hot veg: Fries Side Salad: Lettuce mix w/ Carrots & Tomato
28 Spicy Chicken Sandwich w. Royal Sauce Salad: Buffalo Chicken Salad Wrap Halal: Chicken Nuggets w/ cheez-its Pizza: Cheese Hot veg: Corn Side Salad: Lettuce w/ cucumbers and carrots	29 Pizza Crunchers Salad: Chef Salad w/ turkey & egg w/ Cheez-its Halal: Hot Dog Pizza: Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	30 Pizza Waffalaco Salad: Chicken Tender Snack Wrap Halal: Chicken Sandwich Pizza: Cheese Hot veg: Roasted Acorn Squash Side Salad: Lettuce mix w/ Cucumbers and bell peppers	Snack Packs Available for Students who Bring Lunch From Home Pesto Chicken Flatbread A BLEND OF ROASTED CHICKEN, ORZINO, BROCCOLI, ROASTED RED PEPPER, AND FRESH BASIL, SAUCED IN A PESTO-BASED CREAMY SAUCE, SERVED WITH A SIDE OF PIZZA SAUCE FOR DRIPPING. 	



Free Breakfast Menu

Each Breakfast is Served with Apple Juice and Apple Slices

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
	¹ -Donuts -Cereal	² -Cinni Minis -Cereal	³ -Bagel w/ cream cheese -Cereal	⁴ 
⁷ 	⁸ -Donuts -Cereal	⁹ -Mini Pancakes -Cereal	¹⁰ -Everything Bagel w/ cream cheese -Cereal	¹¹ -Warm Cinnamon Bun -Cereal
¹⁴ -Trix Muffin -Cereal	¹⁵ -French Toast Benefit Bar -Cereal	¹⁶ -Grape Filled Crescent -Cereal	¹⁷ -Cinnamon Bagel w/ cream cheese -Cereal	¹⁸ -French Toast Sticks -Cereal
²¹ -Blueberry Muffin -Cereal	²² -Fudge Pop Tart -Cereal	²³ -Pancake Puffs -Cereal	²⁴ -Cinnamon Bagel w/ cream cheese -Cereal	²⁵ -Croissant, Egg & Cheese Sandwich -Cereal
²⁸ -Apple Cinnamon Muffin -Cereal	²⁹ -Banana Bread -Cereal	³⁰ -Mini French Toast -Cereal		

Menus are subject to change.



Breakfast is Free for All Students



Free Breakfast Menu

Each
Breakfast
is Served
with Apple
Juice and
Apple
Slices

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

MON	TUES	WED	THURS	FRI
3 	4 	5 	6 	7 
10 	11 	12 	13 	14 
17 	18 	19 	20 	21 
24 	25 	26 	27 	28 
31 -Strawberry Pop Tart -Cereal				

Menus are subject to change.



Breakfast is Free
for All Students